

*Current informal and formal practices/programs*

## Environmental Sustainability Initiatives

### Repairs & Maintenance

Purchase of Eco Friendly Supplies - cleaning, paint, light bulbs etc.

Upgrades to Efficient Products as needed i.e.. Windows, low flow toilets, efficient appliances when possible

Exploring social procurement for larger projects that could tie in environmental efficiency

Recycling & compost at all properties

Allowing residents to exchange goods - repurposing old

### Office Supplies

Purchase of eco-friendly office supplies like paper etc.

Recycling & compost

Avoid purchase of kitchen supplies that cannot be recycled, compostable or reusable

### Office Practices

Conserving - less printing, reusing supplies etc.

Exploring ways we can utilize software and e-mail for resident communication - still require paper for agreements, 24hr notices etc.

Hosting workshops and events for residents

Recognizing actions/behaviors that support sustainability or conservation

## Aging in Place Initiatives

### Repairs & Maintenance

Prioritization of maintaining existing accessibility features - ramps, elevators, lever style handles, maintaining "accessible units" in Norfolk

Grant applications when possible with partner organizations to make accessibility improvements or renovations

Installation of lever-style handles for doors, plumbing, or other components operable by hand

### Programs & Partnerships

Partnering with support agencies for resident intake -ensuring we have the right supports so the resident can age in place

Calgary Dollars - helps residents build connections and a support network beyond NHA staff

Exploring the use of "advocates/ambassadors" at each building to assist residents with light household tasks if they are struggling with mobility challenges or isolation

Developing resource handbook for those who may need support as they age in independent living.



<b>Office Practices</b>
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Adjusting communication standards/approaches to varying abilities - ie. Some residents have visual or hearing impairments that require notices to be given verbally or in large font
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Emergency plans factor in evacuation or residents with mobility or other impairments
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Allow for residents to transition to units or buildings that better meet their needs
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