

MEET DEREK ENNS, OUR MAINTENANCE ASSISTANT!



1. How long have you worked at NHA and how did you find yourself here?

I've worked at Norfolk for just over 2 years now. I was laid off when in the electrical field. In college I got my bachelor's degree in Intercultural Studies, and had hoped to initially work in the non-profit sector. So when I got laid off, I heard of the position at Norfolk and thought it would be a great organization to work for!

2. What does 'home' mean to you?

Home is where my wife and kids are! I love travelling, and going on new adventures, but it's great to have a familiar place to come back to at the end of the day.

3. What's your go-to recipe when it's your turn to cook?

My go to recipe is either a breakfast type meal (bacon, eggs, and toast), grilled cheese and soup, or takeout haha!

4. Who is your favourite superhero and why?

I don't think I have one favourite superhero. I like a bunch....Hulk, Thor, Captain America, and Iron Man.

5. Do you have a favourite quote? What is it and what does it mean to you?

One of my favourite quotes recently is "You are the sum of the five people with whom you spend the most time." I think it's really important to surround yourself with people who will encourage you, uplift you and motivate you. We are greatly influenced by those closest to us. It affects our way of thinking, our self-esteem and our decisions.

6. What is your secret talent or skill?

I don't think I have a secret talent or skill. I'm a horrible singer (which is no secret lol) and my drawing is about as good as my four year olds (lol). I played trumpet in junior high and High school, but that was more just because it was easy marks and we got to go on cool trips. In grade 11 we went to San Francisco for a band trip....I'm not so convinced the skill level was there though.

7. How do you de-stress after a tough day?

After a tough or long day, once the boys are in bed I like to relax and just watch something on

TV and visit with my wife, or play some Xbox. Just basically do something mindless.

8. What's the coolest foreign city you've visited?

Dublin was probably my favourite because the culture and live music and Irish dancing are really fun, plus nothing closed down until about 5 AM. Morocco was the most different city—it felt almost like stepping back in time or into the movies, just something totally different- Watching a woman herd sheep down the alley while I sipped my morning coffee was a crazy feeling.

9. What's one thing most people don't know about you?

I collect Funko Pop figures—mostly NHL players. I have about 20!

10. Coffee or tea?

Coffee!! Doesn't matter if its 5 AM, or 9 PM... It's coffee all the way for this guy!