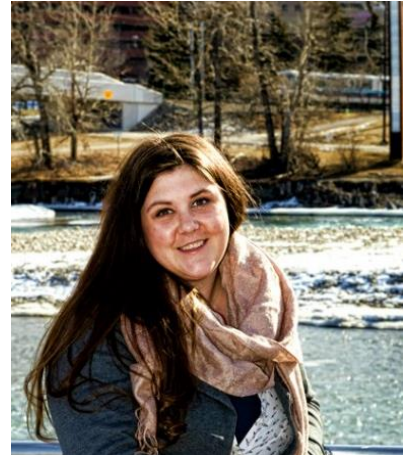


## MEET LIZ MACLEOD, OUR HOUSING ADMINISTRATOR!



1. How long have you worked at NHA and how did you find yourself here?

I started at NHA as a part-time maintenance assistant in the winter of 2013. I am a trained chef and was working through the summers as a banquet chef at a private golf course. I was looking for something to fill my time over my winter break and I thought I would try something different. I knew right away that I had found something special. It wasn't just a job but a community. The position of Administrative Assistant came up and I took the plunge into the non-profit world full time. I have learned so much in the last 4 years and am so proud to now be working in my current role as Housing Administrator.

2. What does 'home' mean to you?

Home is a feeling, not a place. It is when you feel comfortable and accepted; where you feel loved and appreciated for who you are.

3. What's your go-to recipe when it's your turn to cook?

I'm a comfort food girl. I love making mac and cheese with chopped fresh tomatoes and green onions on top.

4. Who is your favourite superhero and why?

I grew up with 90's Saturday morning cartoons and watched a lot of Batman and X-men with my brother. I loved the on-going saga of the series and how you had to wait a whole week to see what was going to happen next.

5. Do you have a favourite quote? What is it and what does it mean to you?

I strongly believe in the power of mindfulness. A quote that I keep on my desk is "Life is 10% what happens to me and 90% how I react" - Charles Swindoll

6. What is your secret talent or skill?

I am incredibly good at strategically packing our car for road trips.

7. How do you de-stress after a tough day?

Hot bath, glass of red wine.

8. What's the closest thing you've seen to real magic?

The Northern Lights.

9. What's one thing you wish people knew about you?

Although I'm a trained chef, I love when people cook for me.

10. Coffee or tea?

Coffee!!!!