

MEET MAYA KAMBEITZ, OUR EXECUTIVE DIRECTOR!



1. How long have you worked at NHA and how did you find yourself here?

I have been with NHA since 2009. I learned about an opening at the organization through a colleague who was volunteering with NHA. She often raved about the amazing work and the wonderful residents and I was very intrigued by the mixed model so I took a chance and applied for the role... it ended up being one of the best decisions I ever made.

2. What does 'home' mean to you?

Home for me is stability and security...it is a sanctuary when things are chaotic...a place where one feels safe.

3. What's your go-to recipe when it's your turn to cook?

I enjoy cooking most nights because I also enjoy eating! When I have time I love to make a good lasagna or a fish curry with coconut rice.

4. Who is your favourite superhero and why?

It's always been Batman! Because he's a real person with awesome gadgets and skills that were honed through work and discipline. He uses his wealth to fight crime, what's not to love about that?!

5. Do you have a favourite quote? What is it and what does it mean to you?

Someone once told me that IF I am the smartest person in the room, then I'm in the wrong room. This has stuck and reminds me that no matter what situation I am in or whoever I am with there is an opportunity to learn or discover something new...

6. What is your secret talent or skill?

I don't practice anymore but I do have a black belt in Shotokan Karate.

7. How do you de-stress after a tough day?

I hug my kid, pet my dog, and pour myself a generous glass of red wine.

8. What's the closest thing you've seen to real magic?

The excitement of a kid who still believes in Santa on Christmas morning.

9. What's one thing you wish people knew about you?

That I'm always up for a good chat over a glass of wine ;-) or a cup of coffee.

10. Coffee or tea?

Coffee. Always.